



## **AUTUMNWOOD DENTAL SEDATION INSTRUCTIONS**

A needle will be placed in a vein in your forearm or back of the hand. Various medications will be administered into your vein, making you relaxed, non-apprehensive and drowsy, but not completely unconscious. In addition, local anesthetics will be used to control pain during the procedure. These intravenous drugs have inherent risks and you are **REQUIRED** to follow the instructions below.

1. Advise Dr. Pribadi of any medications, supplements, vitamins or drugs that you are currently taking. **DO NOT** take any other medications without Dr. Pribadi's knowledge or approval.
2. **DO NOT** drink alcohol within 24 hours of surgery.
3. **DO NOT** use marijuana, CBD or any forms of cannabinoid within 72 hours of surgery.
4. Notify Dr. Pribadi if you develop a cold, sore throat, fever or any other illness prior to the surgery. We may need to reschedule if you are too sick to proceed with sedation.
5. Wear loose, comfortable clothing with short sleeves. Do not wear makeup, false eyelashes, acrylic nails or polish. Remove your contact lenses prior to arriving for your surgery.
6. Arrive promptly for your appointment with your escort. Your escort must be a person of integrity and responsibility. Your escort should be someone you trust and must focus his/her duties solely on you. Your escort should not be caring for anyone but you (i.e. no children or pets). Your escort must be of legal age and must drive you home after the procedure.
7. Please arrive 15 min prior to procedure to be able to proceed on schedule. Late arrivals may result in the cancellation of your surgery.
8. If complications should develop after the surgery, you should call Dr. Pribadi immediately.
9. Full mental alertness will not return for several hours. Therefore, for the remainder of the day, you should avoid activities which will require your full concentration. You will **NOT** be able to:
  1. Drive or operate heavy machinery
  2. Undertake legal/business matters.
  3. Drink alcoholic beverages.
10. **DO NOT EAT OR DRINK ANYTHING WITHIN 6 HOURS OF YOUR APPOINTMENT. DO NOT EAT ANYTHING HEAVY (such as fatty, rich or high caloric meals) WITHIN 10 HOURS OF YOUR APPOINTMENT.**
11. **HYDRATE!** Make sure you start hydrating (water, Pedialyte, Gatorade) at least 24 hours prior to your appointment and **UP UNTIL 2 HOURS** prior to your appointment.
12. Make sure you remember to take your **PRE-MED** as instructed.
13. The after-hours urgent hotline is **360-454-6183**. If you have a life-threatening emergency, call 911 immediately.